

Introduction to AgricultureGate:

I wrote this ten years ago for a presentation I gave at Faith Lutheran Church. Although written as an outline for my presentation, you won't have to sit through what was a three hour lecture and not miss one salient point. Most of the information came from the infinite wisdom of Charlie Walters, now deceased, written in the pages of [ACRES-USA](#). I have reread this before publishing to my site and find it uncomfortably Motzartian - I could not change one word for fear of losing the meaning.

Charlie said back in 1975:

"The old agriculture of the 19th and 20th century is dying, and consumers can hasten that death, and they should. They are, after all, the walking wounded, offended by the chemical amateur. The consumer cannot hide in an organic garden or sleep in a subway of ignorance. Consumers will get clean agriculture when they demand it, casting their demands in knowledgeable terms and nailing them to the market door."

Read and Learn the Truth.

Patricia A.D. Braun, M.D., 5/2011

Patricia Braun, M.D.
Shocking Food Related Medical Issues
AGRICULTUREGATE
(GATE = CODE FOR CORRUPTION)
AGRICULTUREGATE

I have been overwhelmed with so much data, in just these last few days, I figured "what good will it do you to manage your pH, etc..) if you don't have this **more basic** and much more **frightening** information!

If you do not understand why your food is killing you.....
If you do not have *that gut feeling*, that nutrition is the key to health.....
If you do not realize that there is definitely a conspiracy out there,
to keep you eating worse *and worse* food,
which will only make you sicker and sicker,
and sicker *faster* than ever,
and keep the profits up for the ones in control of food ---
then what good would knowledge of (whatever, e.g. pH) do for you?

AMERICAWHY ARE YOU EATING THE JUNK YOU ARE?
Your health is going to (somewhere)..... in a hand basket, and you are
sick and dying
while the elite corporate owners of this world
can afford *not to eat the junk* they sell to you as food.
they can afford to have organic food flown from around the world fresh
daily and prepared by their master chefs.

Those 0.658 % of the world, who run the world “for us” control
our food, and fuel, and finance, our fun, fantasy, and future.
{overhead of these 5 words}

If you do not believe your world is controlled for *their* interest instead of
your own, listen carefully to me tonight and *wake up*.

Taking control back *in any small degree* is the *hardest thing you will ever
have to do*.

That small degree should be at least to **control your food**.

WHAT DO WE NEED ? WHAT DO WE WANT?

Americans repeatedly state,
in poles and show by making certain choices,
(when they perceive they are able to make choices), that they want

natural, real, fresh, whole and clean food.

Not factory made food,
not laboratory invented food,
not adulterated food, not pesticide-laced, poisoned,
artificially cleaned up irradiated food, and
not chemical-saturated preserved food.

fresh, whole, real, natural, and clean

But that is not what we have.
99 % of America eats artificial and processed poisoned food.

WHY? partly

because Americans do not ***know what real food is anymore*** ---
because food peddling has become an industry
and the peddlers have propagandized the daylights out of it.

Advertising sells what the food peddlers, in their own words think of as merely a
sellable item-- not as nutrition, as life blood of a people, just as necessary as the air we
breath.

They peddle “ food” as no more important to our well being than the fashion of shoes we wear on our feet.

They sell -- whatever will sell!

Color, flavor, convenience, with no regard to health.

They do not think of it as *nutrient*, but as a *gimmick* to bring money.

They have said so,

and Americans have literally swallowed it up - hook, line, and sinker.

The hook is the taste - mainly playing to the sweet and salt enhanced taste

The lines are many - e.g. That fat is bad, but carbohydrate is good

The sinker is that - when you get sick from it, the peddlers make money

selling the medicine to alleviate the resultant condition.

In contrast to the rest of the world, Americans eat worse than any other civilized country!

And much worse than any very primitive people.

The problem

(1) is the **control of the media** which allows total **propagandizement** of food, and political control of the food making process.

The problem

(2) is the American naiveté - the reliance and belief in government to protect them.

I want to list and discuss, a few of the news-breaking shocking
food related medical issues

1.

Cardiac disease:

A recent USA Today stated that there are 122 medicines *newly* developed to treat heart disease and stroke - 2 of the top 3 causes of death in the USA.

This is a 200 percent increase of drug development in the last two years.

They are all in human trials, or waiting FDA approval.

The writer stated “these 122 might hopefully beat heart disease and stroke.”

Let’s analyze this”

- (1) If a medicine could eliminate these diseases, we would need just one or two medicines, not 122.
- (2) The huge cost of CVD is a clarion call for drug makers. All wanting a piece of that monetary pie.
- (3) this approach to disease means that no one really wants to “beat” CVD, but to “deal” with the problems, rather than exterminate it, and have the gravy train come to a screeching halt.

What is the purported cause of heart disease?

cholesterol and the meat protein bearing that cholesterol

Did we always have heart disease?

Once we ate lots of animal fat.

In fact pork was the staple meat of Americans until the 20th century, i.e. 1900..

We were strong and robust and could think for ourselves.

Also, other primitive cultures eat plenty of meat fat and have no significant incidence of heart disease.

When did heart disease begin to rise significantly in the U.S. ?

In the late 40's, early 50's.

What factors do correlate with heart disease? Here is the beginnings of a list..

1. use of *synthetic* fats, e.g. margarine
2. *oxidized* fats, fast food frying and burning the old fats over and over
3. *polyunsaturated* fats, liquid vegetable oils (Corn, Canola, Soy)
4. *chlorination* of drinking water,
5. *commercial* canning of food,
6. commercialization of food production, that is chemical farming with pesticides, and the advent of petrochemical fertilizer,
7. amongst a few others.

Lets discuss the first 3.

If you are afraid of saturated fat and cholesterol in your diet, you will be making the wrong choices about your diet.

It will force you into a lot of **fabricated foods and factory built fat**, such as partially hydrogenated vegetable oils.

The first industry to push their byproduct, *which was not a natural food*, into the food industry, was the cotton industry.

The cottonseed oil was in abundance and they wanted a market for it.

It became Crisco (Crystallized Cotton Seed Oil).

They hardened the oil by hydrogenation and sold it as a butter substitute.

War time was on, and there was a butter shortage, and they were willing to sell it cheap.

(but they still had to demonize the competition - butter-)

Next came the creation of oil from the starch of corn, that is, refinery built corn-oil, then soy and finally Canola.

All these are not natural food oils, *but laboratory manufactured, and primarily made for industrial purposes.*

The industry of producing polyunsaturated fats and the use of vegetable seed oils started heart disease.

Margarine is the culprit... not saturated fat and cholesterol, and animal fat.

{overhead, middle of page one previous}

Saturated Fat and cholesterol are necessary for:

- (1) neurologic development and maintenance
- (2) immune system function
*animal fats contain many nutrients that protect against cancer and heart disease, elevated rates of cancer and heart disease are associated with consumption of large amounts of **vegetable oils** {Fed Proc July 1978 37:2215}*
- (3) protect bones
- (4) liver function

There is an industry

associated with fear of animal fats: it is called *testing your cholesterol*, and another industry of *treating so called high cholesterol*.

some Facts

{overhead page 2}

note that articles from JAMA and Lancet are considered gospel by the usual medical doctors.

- (1) transfatty acids are the culprits - these are formed when vegetable oils are heated to the levels used in frying, overheated, and reheated, as in *fast food potatoes*
- (2) 1920's studies on those who died violent deaths - the plaque in their arteries did not correlate with the cholesterol levels in their blood and
- (3) *saturated fat does not clog arteries.*
The fatty acids found in artery clogs are mostly unsaturated (74%) and 41% of that is polyunsaturated {Lancet 1994 344:1195}
- (4) those with the highest circulating saturated fat had the lowest cholesterol
- (5) cholesterol is necessary for brain and nervous system development
Children on low-fat diets suffer from growth problems, failure to thrive and learning disabilities {Food Chem News 10/3/94}
- (6) the cholesterol "normals" on the popular blood tests are totally fabricated. The norm used to be 350 and they arbitrarily decided to lower it to 200. Now it is 160 or less!
- (7) cholesterol figures less than 140 are associated with serious mental depression and neurological diseases.
in fact
"low fat diets are associated with increase rates of depression, psychological problems, fatigue, violence and suicide {Lancet 3/21/92v339}
- (8) the drugs used to lower cholesterol, (the -statins) are associated with higher risks of cancer, and other ills
- (9) Finally, vegetable oils cause weight gain,

**Vegetable oils like
Soy, Canola, and Crisco**

(cottonseed) are not good for you

First Soy:

The health food field is so very excited about it being a replacement hormones for women, having phytoestrogens:

What is wrong with SOY?

For starters the very fact *that it has phytoestrogens*:

- (1) In New Zealand, tropical bird breeders put the birds on soy protein.
The males colored up after only a few weeks rather than at maturity, in months or years.
Then they got diminished fertility, stunted deformed and stillborn babies, and faltering longevity. Aviary populations declined
Bone problems, goiter, immune system cancellation, pathologic behavior followed.
At death there was organ disintegration,
- (2) Mischief for humans, soy consumption is linked to
infertility
cancer
leukemia
- (3) Endocrine destruction in animals from genistein
- (4) In Japanese study
30 grains (2 tablespoon) per day for a month caused thyroid stimulation hormones, and led to low thyroid function, (burnout)
- (5) Meat extender (soy) in hamburger has the estrogen effect of “the pill” for each 100 grams according to Swiss research
- (6) Excess soy blocks calcium, causes Vit D deficiencies
- (7) Substitution of soy oil for butter indicted as a cause of osteoporosis.
- (8) These findings transport to human babies fed soy formulas .
Isoflavones in formula (*from GMO soybeans*) give 25 % of USA bottle fed infants the estrogenic equivalent of 5 birth control pills a day.
There are no phytoestrogen detected in cow’s milk or human milk.,
- (9) Many Caucasians are allergic to soy. And a new consideration.....,
- (10) Of the soybeans, 60 % or more are Genetically Modified.

GM = genetically modified. We must discuss GM , very soon.

this is a quote very a prominent nutritionist:

“Soy will someday join tobacco, fluoride, and toxic technology as a class action big enough to topple administration, even governments.”..

But Americans still tout it as a health food:

{overhead on Canola}

And Canola ?

made up name from (Canada Oil)

Derived from **rapeseed**, a member of the mustard family,
generally unfit for human consumption .

Once commonly used as a potent pesticide and lubricant among other things,
such as a paint solvent.

Chemically Canola breaks down at

5% saturated fat

57% oleic acid

23% omega-6

10-15% omega-3

The reason it is particularly unfit for human consumption is:

(1) It contains a very-long-chain fatty acid, erucic associated with *fibrotic heart lesions*.

(2) The omega-3 fatty acids of processed canola oil

Transform (in a deodorizing process) into transfatty acids.

(3) Canola creates a deficiency of Vit E, essential to heart health.

(4) It contains a high sulfur content, goes rancid, baked goods mold quickly.

(5). There is no such thing as **organic rape**, it can not be grown organically.

(6) 60 % of this years (2001) Canadian crop is GM, genetically modified.

Time to discuss GM

It is interesting that

First off, Japan is refusing to import any GM foods

Europeans don't want them,

Geese don't want it!

and Americans don't seem to know what they are:

those few who do, don't want them, and when they ask their grocer, the clerk tells them to go to the organic produce section, and pick there.

so what is GM?

You may recall the brief stir, when the USDA ban on StarLink (Cry9V) corn hit the press:

Aventis CropScience of France created it in 1993

The bad Agent was introduced into corn via a gene isolated from

Bacillus turingiensis tolworthi.

Loaded with toxins, said to control corn borers and select insect pests,
Gov. approved it for animal feed (on the grounds that animals can absorb
more poison and still live - and are not planning to live long anyway.

But it contained a significant allergen, causing not hives or sniffles
but anaphylactic shock, with death ensuing.
People eating Tacos were dying.

The commercial corn is now ALL contaminated with at least 0.02 %
Starlink genes.

It is wind pollinated And the pollen is said to travel 5 miles. Actually it goes
20 .

Your organic corn should come from isolated fields at least 5 miles from
any commercial corn.

Now the Soybeans are mostly *all GM*.

they put a gene in that makes it resist Round-up herbicide,
so it wont fall dead on its face, when they herbicide the fields.

RoundUp Ready, meaning resistant,
and the idea was to use less Roundup, but questionnaires revealed
that farmers used up to 3 x more knowing it would not kill their soy,
wanting to get rid of *every single weed*.

This created glyphosate-laced soybeans.

The roots of RR soybeans are catchpens for glyphosphate (R-up)
and that draws in Fusarium mold like a magnet,
and these molds cause *sudden death syndrome* of the plant (SDS).

Monsanto revealed that the genes for RR soybeans came from a line of
SDS susceptible plants.

how does this effect humans?

There is a near 100 % increase in Sudden Death syndrome in human
babies. Little animals too.

Mothers who nurse their babies avoid SDS for their infants.
Babies fed soy milk formulas are an endangered species.

I SAID EUROPEANS ARE RESISTING GM FOODS --- two examples

Due to action of Greenpeace

(1) McDonalds in Germany, Denmark, Sweden, the U.K. will serve
only chicken fed NON GM feed

(2) Nearly all USA GM soybeans go to Europe and
McDonalds is the largest buyer of ag commodities in Europe.

Arsonist hit Italian Monsanto Grain Store:

They set fire to soybean and maize, painting slogans on the wall
" No GM " and " Monsanto - killers"
Opposition to GM foods is widespread in Italy, and all of Europe.
Farms groups indorse "safe seed"
Many supermarkets display notices saying they only sell GM free
produce.

and the Geese ... ?

But to move off oils and grains for now

**carbohydrates are another primary cause of disease today!
if you consider obesity and heart disease and diabetes diseases**

How much carbohydrate should you eat?

In 1998 or so the FDA published

the **NEW food pyramid, which totally revamped the "accepted" American diet.**

They pushed carbohydrate serving up to 11 per day!

and they cut protein to 1 or 2.

This in the face of 1/4 the US population having overt diabetes,

- inability to handle sugar

which comes from carbodhydrates as well as simple sugar.

{overhead of glycemic index}

The glycemic index is a measure of how fast the blood sugar goes up after eating a starch or sugar: it pulls the insulin levels up, causing it to yo-yo and cause D.M.

There is a new disease in American health ---- the Syndrome X.

It means hyperinsulinemia, and a certain body structure, recognizable by watching the grocery shoppers from your car.

It is associated with increased incidence of heart disease, and is prediabetic.

It comes from refined sugar,

and the **greatest of these is corn syrup, - high fructose corn syrup,**

which to throw you off, is listed as corn syrup solids.

These are made from corn starch, as is the corn oil, in factories that look like a Texaco refinery!

It is not a natural process.....

These sugars are sold as nutrition, in beverages, even added to bottled fruit juices, and condiments (Katsup, salad dressings, and such). They are detrimental.

But sell they do!

This is just another example of commercialization of your so called "food" supply.

BUT you must appreciate the importance of commercialization to the agribusiness controllers,

let me quickly explain the HISTORY OF AGRIBUSINESS.

The small family farms have been told they need big equipment.

Those tractors and other heavy things cost \$150,000 per machine.

Farmers borrow to buy those.

It costs so much to put in a crop, they borrow every year, what it takes to put in and harvest the crop,

and hope to get the money at the end of harvest

to pay of the lended money and set aside living expenses

for the family in the months between harvest and next spring planting.

Now, the catch - in order to borrow, they are forced to buy 3 things from the bankers buddies:

(1) the seed from the hybrid seed farm store, and

(3) the salt based fertilizers to go on the fields.

(4) the pesticides to kill the bugs that feed on inferior plants

They will not be able to borrow if they save out and use
open-pollinated seed

They will not be able to borrow if they use organic growing methods and
don't need the chemical fertilizer and the pesticide.

That is the control that keeps this country's food dripping with pesticide.

There are two generations of farmers out there who are
in this financial clutch, and furthermore, for the worse, by now
do not know how to farm without pesticide,
are shocked to find out they should,
and merely shake their head and pretend not to hear.

How did we get into this sad state? What happened to American Agriculture?

well actually, it has only been about 50 years that we have had pesticided food.
and before I tell you how we got pesticided foods, let us dwell on this:

{overhead third part of page}

**In 1900, one in 8,000 died of cancer.
It is now 1 in 2 men
2 of 3 women.**

IN 1949-50 or thereabouts, a new tradition was fastened on the American farmer --- toxic chemicals and partial and imbalanced fertilization.

A by-product of war changed farm technology circa 1949.

In war torn Germany, there was a shortage of food and need to grow it fast
A Respected Scientist Studied the Ash and Thought the Residue was NPK.
His report established the Swiss-German Method of Agriculture.

At the close of the war, many German scientist were brought into the USA,
as example, Werner Von Braun, amongst many in many different fields.

We imported the idea that plants needed only NPK.

The fossil fuel companies literally took over the land grant universities on
behalf of the Post-war Tradition of reaping the German biochemistry.

PREVIOUSLY ~

Old time farming was a low-cost but labor intensive *craft*.

Farming was turned into this out-of-pocket-drain because the fertilizer
promised to take the hard work out of recycling nutrients.

The farmer was running to the bank, borrowing to buy the new miracle
fertilizers.

A vast accumulation of knowledge regarding the nutrient cycle and soil
chemistry was cast aside,

replaced with synthetic fertilizer via the petroleum industry.

If the plants are given only NPK and the minor or trace elements are not
returned to the soil, as it had been for thousands of years,

since man began farming,

the plants get weak, the bugs attack, and then the bug poisons get to be
sold.

The sheer imbalance of N-P-K required *toxic rescue* chemistry.

And fertilizer is the insurance policy for the sale of toxic rescue chemistry.

{overhead of single phrase title Agriculturgate}

Toxic rescue chemistry depletes the food of nutrients, requires additives and preservatives, and thus depletes health.

The farming conglomerates are the absconders of plant health, and thus of animal and human health.

This depletion of the food leads to easily discerned illness,

AGRICULTUREGATE

SUMMARY OF THE SITUATION

As Our Soils Go, So Goes Our Nutrition, Our Health.

Farmers Have Sold The Soul Of Their Soils To The Tax Subsidy System.

People Need to be Told the Scientific Facts About the Soils, Farming, Food Production Technology & Nutrition.

When the Pharmaceutical Companies Took Over Animal Medicine in the Early 1950's, The Abuse of Antibiotics Began.

**Chickens were so Sick They Simply Couldn't make it Beyond Nine weeks. Government Paid For it, So Few Noticed.
They are harvested at 6-8 weeks!**

The Public Health Service Was light Years Away From Asking the Right Questions, Forget Answers.

**Somewhere Along the Line, Research Abandoned The Truth of Scientific Observation and Began Agenda Driven Science.
Modern Chemical Farming Methods
Compact, Dehydrate, Salt, and Deplete the Soils.**

**Insects and Nature's Predators are a Disposal Crew,
Summoned When Needed - Repelled When They Are Not.
Healthy Plants do Not summon Insect Predators.**

**Insects Have an Aversion To all Plants Grown In Rich,
Balanced, Living, Productive, Fertile Soils.**

**Weeds Are An Index of the Character of the Soil.
It is Therefore a Mistake to Rely on Herbicides to Eradicate
Them, as They Deal with Effect Not Cause.**

**Crop Losses in Dry Weather, or During Mild Cold Snaps, Are
Not so Much the Result of Drought and Cold
as Nutritional Deficiency.**

**Toxic Rescue Chemistry Hopes to Salvage Crop Production
That is Not Fit to Live, So That Animals and Men Might Eat It..
Always with Unhappy Consequences for
Present and future Generations of Plants, Animals and Men.**

**No Better Way to Judge crop Quality Than to
Study The Health of Animals Eating It.**

**American Farm Policy Must Escape the Grasp of
Agribusiness Conglomerates And Their Slaves in Academia
and Government, and Come Back To True Scientists.**

**No Human Endeavor Is As Vital To Life And Our Future Than
Food Production.**

(attributed to the late, great Charles Walters of Acres, U.S.A. magazine)

Now, lets look at mental illness

{overhead on mental illness}

American Psychiatric Association states, these *will have* clinical depression :
26 % of women

12 % of men

2 million currently suffer depression.

Child Magazine, Dec. 2000, Charles W. Schmidt reported:

22 % increase in antidepressant drugs for children under the age of 10.

American office of The Surgeon General states:

1 in 10 children has a diagnosable mental illness, one in 5 is treated.

Numbers on Ritalin, and spin-offs:

1.2 millions between ages 2-4 years

Common knowledge

The youth are going crazy and killing themselves and others.

NIH (National Inst. Of Health)

Is spending 5 million on research on the impact of psychiatric drugs on children.

Back in 1974, Ezra Taft Benson, sec. of US Agriculture, said

“Food can affect the mind, and deficiencies in certain elements in the body can promote mental depression.”

In the Canadian Psychiatric Association annual meeting Oct. 2000, researchers reported that

1. “food grown using conventional farming methods lack essential trace elements...”
2. modern food processing methods and chemical food additives further decimate the nutrition of our food,
3. Some dietary supplementation may ameliorate some central nervous system problems.
4. Many nutrients missing in our diet are implicated in faulty or poor brain function.

Conditions improved by dietary changes:

Attention deficit syndrome

Fibromyalgia

Chronic fatigue

Clinical depression

Schizophrenia

Anxiety-panic disorder

Tourette’s syndrome

Univ of Utah and Calgary University found one deficient nutrient, common in these.

The quality of the government “solution”

Regarding the 1/10th and 1/5th the US kids who are “mentally ill”:

The National Action Agenda purposes:

8 goals and multiple action steps, including

(1) Promote public awareness

(2) Reducing the stigma

(3) improving the assessment

Nothing about nutrition or foods.

**? Who is running this food show anyway ?
Agribusiness in cohort with the food middle men.
? And who are these middle men?**

{overhead of conglomerates}

Both food crop and livestock production
have been consolidated into “a few strong hands”:

ConAgra --- whose control is from the ground to the table,
ADM and Cargill ----- both grain cartes, with
Excell as its meat subsidiary,
Tyson ---- the world’s largest poultry processor, who just bought up IBP, i.e.
Iowa Beef Processors,
Smithfield--- the worlds largest hog processor
and interlocked subsidiaries too numerous to mention.

In poultry it is the same,
with Tyson having twice the market share of chickens than has the second
in line, Pilgrim’s Pride, (who is also now bought out by Tyson)
which however, just bought WLR,
so it will be one of the three largest in turkeys as well.
But Tyson, while is just bought IBP (Iowa Beef) is still owned by Excell.
So in part, Beef and chicken are owned by the same cartel.

WHAT CAUSES THIS MONOPOLY TO FLOURISH?

The proximate cause looks like a lack of competition:
but note -

their businesses are protected by government intervention.
A small processor can hardly afford to build the buildings required by the
government regulations.

Remember the hamburger processor Hudson?
The government recalled in one week, their whole months production!
The plant was quickly bought up by Tyson!

The profits of these cartels, increase exponentially while primary producers
taste bankruptcy by the numbers.

These cartels are international.

They sell to Russia, all over Europe, and South America , & Japan
The price fixing is obvious.

Underpaying the producer-farmer is notorious.

{refer to the mid spot on the overhead}

Three companies, ConAgra, Excel and IBP pack 81% of the meat in this county.

{next on the overhead}

In the 1920's the nation and government was alarmed that 40 % of the meat packing was controlled by 6 companies so they set up antitrust laws. These giants have overcome those laws through playing politics.

? IS THERE ANYTHING WRONG WITH MONOPOLY ?

It is claimed that conglomerate farms are more productive, the output of food is greater.

That may or may not be true - - -
but the quality suffers.

And they say consolidation of the middle handling is more efficient, that may be true - -

but it requires further travel thus preservatives on the way to the consumer.

It seems clear that fewer processors, that are huge, can process more, more efficiently ----

but the quality suffers.

And the jobs pay less and are more like drudgery since there is a monopoly providing the jobs and hiring.

BUT SHOULD YOU CARE???

{overhead of Alfred Neuman What me Worry}

**You should worry about your food because with monopoly
there is always
relaxation of safety rules:**

{overhead on threats}

USDA new regulations

“allow inspectors to cut away offending tumors and open sores and pass the animal safe for human consumption. The consumer is expected to eat pies from a chicken with pneumonia.”

and from a source with a different point of view:

Farm Sanctuary, for farm animal welfare, points out:

downed farm animals, those too sick even to stand, are marketed and slaughtered for food, threatening human health.

These are byproducts of larger operations with poor handling practices, these animals are neglected in their infirmity, and pushed or dragged to slaughter.

A friend visited a dairy farm in Penn., a friend of his family.

There the milk production of the cows was phenomenal, using hormone. But the cows were milked every ten hours, lying on their side throughout their lives, with feed at their head, and lying on a grate through which their feces fell.

Close records showed when their production was declining, so they were sent off to the slaughter house just before they died.

The make-break point was 100 \$ if able to walk out of the stall, and only 25 \$ if dragged out and lifted by forklift.

They cut it close and scientifically tried to ring the last dollar of profit out of her.

Should you worry about this sick cow in you food chain?

**Yes, (how nutritious is a dying cows milk?)
and you should worry because
there are dangers in having the hormones in that milk**

The history :

Why do farmers use hormones?

This is what the farm picture looked like:

in the 1950's the government funded irrigation projects created cheap and plentiful water, which created a surplus of grains
(e.g. by 1975, 42 % of California water irrigated animal feed crops
(not food for human crops)

Fertilizer and hybrid seed added to surplus, plentiful, if not nutritious.

Monocropping required herbicides and pesticides.

Farmers worked in the offices and farmed in air-conditioned tractors and were "protected from the spray of their pesticides"

To absorb the excess grain:

the nature of live-stock farming changed.

After the Korean war, it changed from grazing to feed-lot finishing.

That's when Dairy cattle were first confined to barns.

Fed lot animals were castrated for handling ease -
but then they must be given hormones to *stimulate growth*.

Because grain cartels convinced consumers that cheap vegetable oils are preferable to more expensive animal fats,
the type of hormones used directs growth into meat rather than fat,
(androgenic.)

The hormone implants show the greatest meat gains on feedlot diets.
So Hormones conform the animal to feeding conditions and to the market.
Each 1\$ spent on hormone implants, returns 7-10 \$ to the rancher.

**there is danger in the milk hormones
but... we are in more danger of hormones than just from milk**

Plant foods have hormone residue because modern pesticides are
estrogen type hormones and

the typical crop gets 10 applications of *endocrine-disrupting*
chemicals from seed to storage.

But don't forget the phytoestrogens in modern soy!
Ecofarmers say it is not good for the soil, or the pocketbook of the country.
And in spite of this, there is a another push for GM plants:
to build hormone based pesticides into the structure of the plant.

Now skip back and think about this feed-lot animal:

he is under great stress,
in very crowded conditions,
and to keep him from getting sick,
he is given **antibiotics**.

**you should worry
because there is a danger in
HAVING ANTIBIOTICS IN YOUR MEAT**

(overhead - Antibiotic in that Meat?)

Union of Concerned Scientists (UCC) reports:
70% of all antibiotics manufactured in the US end up in
chickens, pigs, and cows,
rendering them useless in humans,
as we suffer from bacteria resistant to them .

11,200 Tons are fed to *healthy* farm animals as a “*precaution*”
50 % greater than livestock industry estimates for all animal use
8 x higher than the amount used in human medicine (1,300 T)
again making *disease causing bacteria* more resistant

**So what is America Thinking?
what are you thinking?
THIS IS WHAT YOU SHOULD THINK!**

All the clichés we have grown up with, and cling to, are false:
(1) agriculture operates under supply and demand - false
(2) free enterprise prevails in the market place - false
etc.

truth

The price fixing in grains begins with gamblers on the Chicago Board of Trade, *guessing* what the price *might* be:
(and chairs on that board are bought by the Chairmen of the cartels.)
They finance the political parties and buy legislation to keep doing just as they like.

There are too many examples of that to waste time. *but*

Lets just give one small example: that Dwayne Andreas of (ADM) ArcherDanielsMidland, managed to get his check to R. Nixon *uncovered* to start the Watergate investigation and get Nixon impeached.
I don't know what ax he was grinding, but there is no doubt that these guys have presidents in their hip pocket.

The key to corporate agribusiness is in gaining market shares.

They do that by the way they
demand that food be grown, the way it is processed, packaged
and the way it is *advertised* to give it longer shelf-life.

With longer shelf-life they can ship it further and further from the point of origin and have more control over the market.

The average distance between food in the field and the place eaten today is 1,500 miles.

**you should worry.....
because the government
- -WHILE RELAXING THE OLD SAFETY RULES for us.....
- - is making new “safely rules” FOR THE Monopolies...**

{overhead on *Irradiation of foods*}

Irradiation is approved and in process, and has been for some time, and the foods at this time, do not have to be labeled irradiated.

In 2000 the FDA approved irradiation of
eggs, as a method of reducing Salmonella.

It has also approved irradiation of
raw meat and meat products
poultry
fruits
vegetables
flour and
spices

They assume irradiation saps the germs with ionizing radiation from gamma rays or X-rays and *does no damage* to the food.

BUT: irradiation

- reduces the vitamin A levels,
- creates free radicals,
- weaken cell membranes,
- disrupts interaction of enzymes and proteins essential to digestion and proper metabolism.
- never kills all the dangerous microbes
- eliminates most of the beneficial microbes
- increases chance of genetic mutation, making super- germs
- masks filthy conditions caused by factory farming methods

FDA argued: using “only 3 kilorays of ionizing radiation” the level of nutritional damage to vitamins, including vitamin A, protein, lipid and carbohydrate levels and damage to quality would be “minimal”

There are other opinions about food irradiation:

(1) The Washington DC based watchdog group *Public Citizen* says:
The FDS has, for 17 years, endangered the public health
by allowing legalization of irradiated foods,
ignoring its own safety regulations,
relying on tests the FDS experts themselves have dismissed as
invalid
based on an analysis of the FDSs *own internal* documents.

So, what does your government do?

(2) The congress has passed into law a spending bill directing the FDA to come up with less offensive terms for irradiation such as “cold pasteurization” so meat packers can label the foods and not alarm consumers.

**Then why is all this tampering with food necessary?
the mass production, the sheer volume requiring eating sick animals,
the preservation for long distances, when freshness is best,**

**Because, there is a policy.
{overhead on policy}**

The government from the top down,
and the WTO (World Trade Organization) say
“**we must feed the world**”.

The doctrine of the WTO is

None of the earth’s 191 countries are to be self-sufficient in food.

Producers with the lowest labor costs are to “own the market” -

(rather, their cheap labor is to feed the world via the conduit of international cartels)

The small producer must be put out of business: an example

The British have been too big in the Meat-Equation of Europe

{overhead Mad Cows}

So upsprings.....

TERMS ASSOCIATED WITH MAD COWS

BSE - bovine spongiform encephalitis. “Mad cow disease”

A Parkinson-dementia-like neurological syndrome.

Scrapie - same in sheep

CJD - Cruetzfeldt-Jacob’s Disease, similar disease in humans, first recorded in University of Breslau, Germany in the clinic of Alois

Alzheimer (yep), whose assistant was Hans Gerhard Cruetzfeldt.

WW I - interrupted flow of medical data. After the war, the disease was reported in 1920. Jacob read the paper in press, and contacted Dr. C.. Jacob had lost 4 patients with the syndrome, thus the name.

Kuru (curu)- similarity disease of cannibals of the Fore tribes in New Guinea.

MAFF - the British Ministry for Agriculture Fisheries and Food

Organo-phosphates (OPs) - typical type of pesticide, e.g.
fat soluble, effect the nervous system (first) then immune system.

prion - a piece of protein, no nucleus, can not reproduce, etc., which in the blood is a shock absorber of damaging energy from UV radiation, OP chemicals, and other oxidizing agents.

Can be “deformed” by manganese and OPs and become “rogue”, that is, free radicals, and cause a cascade or chain reaction, damaging more and more tissue,

(oxidation of neuro tissue *kills* the tissue,
if it is without anti-oxidative protective function).

Zyklon B - first WW I organophosphate: nerve gas used in war by Germany.

Seran - a fluorinated OP nerve gas: the organophosphate
(used by Iraqis (?) in the Gulf War, ergo, Gulf War Syndrome).

Manzeb - a current OP used in England, Europe.

glyphosate - main ingredient of Roundup, the weed killer, or herbicide.

SDS or **SIDS** - sudden (infant) death syndrome in babies
(affecting animals too). Crib death.

agrichem - farming with chemicals, i.e. " killer-technology "

toxic rescue farming - use of pesticide on edible crops to "rescue" crops
which are too weak to survive without them

Rescue agriculture - use of toxins for bugs (and animals) to save sick plants

MAD COW DISEASE

Time Sequence

ENGLAND

1986 - first case of BSE , ministry said to be from contamination from ground meat and bone meal from sheep having Scrapie and fed to cows, as Cattle Cakes.

1989 - Ban on Meat foods for cattle.

Said to be an infective particle, named *prion* by the investigating scientists.

There are normal “prions” in mammals, including human, and in the brains.

1996 - sees 27,800 cases of “mad Cow”

Simultaneous rise in human cases of CJD - said to be from eating infected beef.

27 in 1985

42 in 1994

55 in 1995
also in domestic cats, birds of prey, and zoo animals.

1996 - first mass slaughter of cattle in England

Facts: No organic farmer, using the same meat/bone feeds has the disease
None on the Continent has the disease, yet virtually all used the same feeds.

Conclusion: it is not Scrapie contaminated feed.

In WW II, I.G. Farbin made a fluorinated nerve gas,
an *organophosphate*, called Sarin (used by Iraqis in Gulf War)

The farmers in England

(1) use a very similar compound in low concentration, to spray crops and *dip sheep* to prevent tick infestation.

(2) used it in much higher concentration on cattle against warble fly infestation

1980s - The MAFF, *war on warble fly*, **imposed** a treatment on the farmers:

2 x yearly, pour organophosphate (OP) down the spine of the cattle - dip it.

The areas of BSE outbreak, are in the areas of warble fly infestation.

The OP absorbs into the spinal cord of the cattle and give the neurologic symptoms.

The most concentrated outbreak of CJD is downwind from the OP production facility.

Established:

In BSE, the brain protein prions become "corrupted" and mutates,
and tissue becomes spongy. Thus Bovine Spongiform Encephalitis - BSE

Via study of OP thalimide (constituent of Thalidomide, causing deformities of babies the 60-70-s) the OPs bind to the brain prion protein and cause mutation in a chain reaction. (rapid neuro-degeneration)

More Stats:

(1) Switzerland and Northern Ireland have a high incidence of BSE and both (like mainland Eng.) use OP (Phosmet) *4 x higher* than the rest of Europe.

(2) British farmers using OP have a common occurrence of a syndrome like BSE in themselves, that the *organic farmers* do not have.

(3) up to 25 x the allowed amount of OPs are measured in the conventionally grown carrots in England. 8 % have more than the mim. allowed levels.

Also: Alzheimers and Parkinson's are linked to pesticide exposures!

The chemical companies MUST hide this, as litigant claims would dwarf BSE and CJD!

David R. Brown - Cambridge Univ. prion specialist: said.....

" When there are two likely causes, the simplest is most likely the cause."

Further notes:

In France a warble fly rout has started with another OP: they have a local outbreak.

In the US, the CDC is doing mice research that confirms the OP connection.

They can not reproduce SE via animal feeds
(except in domestic cats, who eat lots of tuna with mercury in it)
The medicine for head lice in the US might set up some for CJD and Alzheimers in their
later years. Do not use it ever again, at all.

WILL MASS SLAUGHTER OCCUR HERE?

In Northeast Texas, 5 people have been diagnosed with CJD in a 22 county area since 1996.

Purina Mills (largest producer of livestock feed) quarantined 1,222 cattle and recalled 22 tons of feed in San Antonio

Texas Herds have been quarantined for Mad Cow (fed cattle cakes) but OP?

The point is,

The plan:

To put the world on a grain diet, so that we will be sicker, more docile, live shorter lives , and be less independent.

Cattlemen are notoriously independent, just look at the old west movies!

But:

Feeding the world **even grain** - still

is errant nonsense when 4 billion people earn only \$1 a day.

They can't afford to buy processed, transported food.

They don't know how to cook it, as it is not their native food.

so it is kept cheap so we can give it away as political ploys!

Grain to the Africans, cheap grain to the Russians, for certain concessions,
grain to the Chinese, if they contribute to the reelection funds...

They say we have to keep food cheap, so we need big producers.

[overhead on cheap food]

The present system of food and agriculture in America is based on three premises:

1. Food should be cheap
2. Farming is something that people do not want to do.
3. We should not have to spend our time deciding what foods are good for us and what is good for the land.

Food Cheap? for whom?

Not cheap for those who live in poverty because their agricultural lands are producing cheap sugar and bananas for export to America.

Not cheap for those who are sick and for the society that absorbs the cost of their sickness. *The majority of illnesses in America have a nutritional link.*

Not cheap for those whose water wells, lakes and rivers are contaminated,

Not cheap for the huge segments of American population living in depressed rural areas.

We export our surplus, to buy international favors, and I never realized, until a week ago, the effects of this policy:

I read this from a 1994 farm magazine, and mourned, reading it over 3 times, with every increasing sorrow. I will abbreviate...

from the speech of a tiny old, frail priest at a convention, who was coerced into speaking,

{read from the Acres, U.S.A. 1994}

{overhead of this}

Food is next to life itself.

For all the people on earth, it is our greatest common denominator.

But in this age, eating has become a political act.

We are asked to believe that the 6 billion people on earth represent a great market.

The market is there for a few favored companies, if loans and gifts are forthcoming, and if debts are forgiven.

The forgiven debt falls on the American taxpayer.

MUST WE FEED THE WORLD?

The tropics have to learn to feed themselves, country by country.

Trade has to proceed with an eye to equity - yes equity of trade.

This does not interest conglomerates that rely on price advantage,

outright exploitation, and

transfer of costs to someone else (any one else)

- usually taxpayers via the conduit of government,

- often to future generations via environmental degradation.

We have millionaire ball players and food pantries for the poor.

Two billion Internet sites are paving an information superhighway and yet there is rampant ignorance among those who are supposed to be intelligent.

Do not doubt it. There is disparity.
There always will be.

Governments exist because they pretend to usher in parity, or stability.
But stability is one thing the masters of government can hardly abide.
The reason: obscene profits are harvested only when disparity and
unregulated free trade fulfill the yearnings of avarice - greed.

The corporations get the profit.
The farmers go down the tubes
US Farms are going bust - moving to the city like the peasants in Brazil

{overhead of middle part}
Is farming a profession to be avoided?

IS FARMING A PROFESSION TO BE AVOIDED?

- Yes, if** the farmer does not get a decent price for the fruits of his labor
- Yes, if** the barriers of health, safety and zoning laws prevent him from selling directly to the customer
- Yes, for** the producer who must seal himself off from toxic clouds that envelop his fields.

Does it matter that our food is adulterated, artificial, and the soils and food depleted?
Does it matter that we have *food that is cheap but worthless* and a medical crisis that is massive in scale?
We spend almost no waking hour in the production and preparation of food.
This has gone too far.

These “cheap” premises
have poisoned our land, our crops, our livestock, and ourselves.

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The US, as the largest debtor nation on Earth,
subsists on global imports, for all our talk about exports.
We import more beef than we send out! Because it is cheaper.
And we deliver our technology to the lowest priced labor force, gratis.
A corrupt and incompetent press does not describe the action.
With syrupy words our politicians pretend to develop a pluralistic world
before tribes and peoples have developed the skills required to make
such a vision a working reality.

The US inserts itself into fratricidal wars over the whole globe,

courting suicide,
establishing the new world order,
for global markets.
But global markets are amoral.
Global markets command global prices,
which erode the economic health of farms and rural communities.

You do not see the Farms if you live in the city.
But you must begin to see them as vital to your survival.

WHAT CAN WE DO?

How do we divest ourselves of the industrial food-farm paradigm?

We start by changing the way we shop and
the way we put food on our tables.
A farming visitor from Ghana had this to say about America.....

“ You mean that you eat food grown by people unknown to you?”

Find food that is produced locally in sustainable intelligent ways.

Prepare food with love and wisdom, not doubt and abandon.

Purchase plant foods grown in traditional ways,
and animal foods from pasture-fed animals.

Spend your food dollars in ways allowing conscientious farmers to make a decent
living.

Our economic system, our landscape, our minds and bodies, can be transformed
starting in the marketplace and at the dinner table.

The only way to correct

American agriculture - and world agriculture -
and restore world health and stop wars,
is to make the farmer a farmer-entrepreneur.

We start to encourage the American farmers
how to farm to make a living - on their own-- without the bank.
The farmer could make fair money if he would listen to the public cry!
Consumers want organic production.

It is more difficult, at first, as they must learn
to design a sustainable farm,
to add on value for a measure of packaging,
to process,
to traffic with the consumer

and directly harvest the consumer dollar.

It will not be “cheap”

DO YOU KNOW WHO GROWS *YOUR* FOOD?

We must support small sustainable farm production in every way,
by choosing it above all else.

The produce will be fresh without preservatives as it is locally produced
and marketed.

It is the only salvage for our health.

BUT YOU SAY, THE COST OF ORGANIC FOOD

is sky high. Well, not really.

The organic food business in Texas (during the years of Jim Hightower,
long ago) was 2 billion a year, money that went to California.

That food should have been grown right here in Texas, and would have
cost less, if for no other reason than transportation costs were cheaper for
less distance!

Why can't organic products meet the demand and the price be kept
reasonable?

People smile and say, “supply and demand”, but is it?

Recent numbers released by the Organic Trade Association state:

US exports more than \$40 million in organic goods to the UK

\$40-460 to Japan, and growing 30-60 % year.

and to Europe, exports are growing 15 % per year

WHY?

They are *willing to pay for it* and Americans aren't.

So, Americans have quantity and not quality.

Will it always be so?

No there is a coming shortage of water .

{next spot on overhead}

4/10 Two-fifths of worlds people live in river basins with water scarcity.

By 2025, 3.5 billion (1/2 the world pop.) will experience water shortages.

Freshwater systems are approaching levels unsuitable for human
consumption

Government policies effect water usage: e.g.

*Northwest US drought: farming affected.
as the EPA is saving water for an endangered fish, diverting farm water.*

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I used to tell all my patients, that the only way to get the food they need, is to grow their own.

This was impossible for most,
and to grow it all was impossible for all.

Today, some 10 years later....

the same is true,

but the situation is worse, ... much worse.

I have a box of books here, costing 35 \$ each,

telling you how to get off to a good start with Growing your own Food.

It is technical. But so is growing roses and daises.

If you are not willing to grow your own, find someone you can trust to grow clean, nutritious food for you. see our Websites and Books page.

DO YOU KNOW WHO GROWS YOUR FOOD?

You all get a box of our own eggs, as long as they last.....

There is a pamphlet inside.

end