

LYME QUESTIONNAIRE AND SYMPTOM CHECK LIST

Complaints referable to specific organ systems are clustered to determine multi-system involvement.

HAVE YOU HAD ANY OF THE FOLLOWING? (CIRCLE OR MARK ALL POSITIVE ANSWERS)

SYMPTOM	TIME			SEVERITY			
	PAST	CURRENT		MILD	MODERATE	MARKED	SEVERE
INSECT BITES AND RASHES							
TICK BITE <i>with or with no RASH</i>							
Rash at site of bites							
Rashes on other parts of your body							
Undiagnosed rash with any known bites							
SYMPTOMS AT FIRST ILLNESS							
Symptoms change; come and go							
Pain moves to different body parts							
early-on, experienced a "flu-like" illness after which you have not felt well							
Flu-like Symptoms (fever, chills, sore throat, cough); then felt normal.							
Swollen glands: list areas:							
BALANCE AND GAIT							
Poor balance, dizziness, difficulty walking							
Increased motion sickness, vertigo							
Lightheaded, woozy							
GENERAL WELL-BEING							
Unexplained weight change: loss or gain							
Extreme fatigue							
Fatigue, tiredness, poor stamina							
Continual infections							
FEVERS							
Unexplained fever (high or low grade)							
Sweats, chills, or flushing							
Night sweats							
PSYCHOLOGICAL WELL BEING							
Mood swings, irritability							
Unusual depression							
Disorientation (getting or feeling lost)							
Going to wrong places							
Exaggerated or worse hangover from alcohol							
MENTAL CAPACITY							
Disturbed sleep: too much, too little, early awakening							
Forgetfulness, poor short term memory							
Forget familiar names and numbers							
Memory loss							
Confusion, difficulty in thinking							
Feeling as if you are losing your mind							
Difficulty in concentration							
Loose thought in mid-sentence							
Difficulty reading							
Forgetting how to perform simple tasks							
Other mental change							

SYMPTOM	PAST	CURRENT		MILD	MODERATE	MARKED	SEVERE
Muscle pain (stiffness, low tone, or muscle weakness)							
DIGESTIVE AND EXCRETORY SYSTEM							
Vomiting							
Nausea							
Bowel pain							
Upset stomach							
Diarrhea							
“switching” of bowels: constipation, then diarrhea, off and on							
Constipation							
Irritable bladder or other bladder dysfunction							
RESPIRATORY AND CIRCULATORY SYSTEM							
Heart palpitations, pulse skips							
Extra beats, thumps							
Heart block							
Rapid pulse; fixed or intermittent							
Heart murmur or valve prolapse							
Shortness of breath, cough							
Chest pain or rib soreness							
REPRODUCTIVE SYSTEMS AND SEXUALITY							
Unexplained breast pain							
Unexplained milk production, discharge							
Loss of sex drive							
Sexual dysfunction							
Loss of libido							
<i>Females only:</i>							
Unexplained menstrual irregularities							
Unexplained menstrual pain							
<i>Males only:</i>							
Pelvic pain							
Testicular pain							
Bladder, urethral infections							
Scrotal pain							
Peri-anal, prostate pain							

LYME ORGANISMS HAVE BEEN FOUND IN FLEAS, MOSQUITOES, AND BITING FLIES

THE FOLLOWING ARE THE CLASSICAL QUESTIONS:

Residing in Tick infested area NO __ YES __ Frequent outdoor activities NO __ YES

Hiking __ Fishing __ Camping __ Gardening __ Hunting __ Other _____

Ticks noted on pets __ Note methods of removal and disposal: _____

Do you remember being bitten by a tick? NO __ YES __ When? _____ Frequency _____.

Do you remember having the "bull's eye rash"? NO __ YES __ Any other rash after bites ? NO __ YES __

Describe: _____

HAVE YOU BEEN DIAGNOSED WITH ANY OF THE FOLLOWING?

ILLNESS	DATE	CURRENT STATUS
<p>ALS/MND (amyotrophic lateral sclerosis / motor neuron disease) Ankylosing spondylitis Appendicitis Autoimmune disease List SLE, Scleroderma, RA, MS, ALS, other _____ Babesia Bell's Palsy Brucellosis Cancer Celiac Disease Chronic Fatigue Syndrome Chronic Yeast Infection Crohn's disease Depression Dermatomyositis Diabetes Ehrlichia Fibromyalgia Glutin Sensitivity Guillain-Barre Syndrome Gut Parasites (Worms, Flukes) Irritable Bowel Syndrome Juvenile Rheumatoid Arthritis Leptospirosis Menstrual irregularities, PMS, endometriosis, etc. List: _____ Multiple Sclerosis Neuritis, any cause Relapsing Fever Rheumatoid Arthritis Rickettsial infection, e.g. Rocky Mtn. Spotted Fever, typhus, tick fever Rocky Mountain Spotted Fever Syphilis Systemic Lupus Thyroid disease Tuberculosis Wegener's Granulomatosis</p> <p style="text-align: center;">OTHER POSSIBLE SYMPTOMS</p> <p>Jaw pain, difficulty chewing</p> <p>Bladder frequent or painful urination, repeated "urinary tract infection"</p> <p>Lung respiratory infection, cough, asthma, pneumonia</p> <p>Ears pain, hearing loss, ringing, sensitivity to noise</p>		