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 SYMPTOMS OF CHRONIC MERCURY TOXICITY ©2011

<p style="text-align: center;"><b>CENTRAL NERVOUS SYSTEM</b></p> <p>irritability          anxiety/nervousness, often with difficulty in breathing          restlessness          exaggerated response to stimulation          fearfulness          emotional instability          lack of self control          fits of anger, with violent, irrational behavior          loss of self confidence          indecision          shyness or timidity, being easily embarrassed          loss of memory          inability to concentrate          lethargy/drowsiness          insomnia          mental depression, despondency          withdrawal          suicidal tendencies          manic-depression          numbness and tingling of hands, feet, fingers, toes, or lips          muscle weakness progressing to paralysis, ataxia          tremors/trembling of hands, feet, lips, eyelids or tongue          incoordination          myoneural transmission failure, resembling Myasthenia Gravis          motor neuron disease (ALS)          "Lou Gerig"          Multiple Sclerosis (MS)</p> <p style="text-align: center;"><b>GASTROINTESTINAL</b></p> <p>food sensitivities, especially to milk and eggs          abdominal cramps, colitis, diverticulitis          other G.I. complaints          chronic diarrhea/constipation</p> <p style="text-align: center;"><b>CARDIOVASCULAR</b></p> <p>abnormal heart rhythm          characteristic findings on EKG              abnormal changes in the S-T segment and/or              lower broadened P wave          unexplained elevated serum triglyceride          unexplained elevated cholesterol          abnormal blood pressure, either high or low</p>	<p>❖</p> <p>PLEASE WRITE YOUR "SCORE" IN THE LEFT COLUMN, USING A SCALE OF 0 TO 4 + TO GAUGE YOUR SYMPTOMS.</p> <p>0 = I never have this          1 = sometimes but rarely          2 = more than occasional          3 = frequently or often          4 = very frequently          4+ = this is a real problem</p> <hr style="width: 20%; margin: auto;"/> <p style="text-align: center;"><b>IMMUNOLOGIC</b></p> <p>Repeated infections              viral and fungal              mycobacterial              candida and other yeast</p> <p>Cancer</p> <p>Autoimmune disorders:              arthritis              lupus erythematosus (LE)              multiple sclerosis (MS)              scleroderma              amyolateral sclerosis (ALS)              hypothyroidism (Hashimoto's)</p> <p>Insulin resistance (<i>proposed</i>              Diabetes Type I &amp; II )</p> <p style="text-align: center;"><b>HEAD, NECK, ORAL</b></p> <p>Bleeding gums          Alveolar bone loss          Loosening of teeth          Excessive salivation          Foul breath          Metallic taste          Burning sensation, with tingling of lips, face          Twitching of face muscles          Tissue pigmentation (amalgam tattoo of gums)          Leukoplakia (white lines, patches on gums)          Stomatitis (repeated ulcers or blisters in mouth)          Ulceration of gingiva (gums), palate, tongue          Dizziness: acute, or chronic vertigo          Ringing in the ears          Hearing difficulties          Speech and visual impairment              glaucoma (poss. primary cause)          Restricted, dim vision</p>	<p style="text-align: center;"><b>SYSTEMIC EFFECTS</b></p> <p>chronic headaches          allergies          severe dermatitis          unexplained reactivity          thyroid disturbance          subnormal body temperature          cold, clammy skin, especially hands and feet          excessive perspiration,              w/ frequent night sweats          unexplained sensory symptoms, including pain          unexplained numbness or burning sensations          unexplained anemia              G-6-PD deficiency          Chronic kidney disease              nephrotic syndrome              receiving renal dialysis              kidney infections</p> <p>adrenal disease          general fatigue          loss of appetite              with or without weight loss          loss of weight          hypoglycemia (low blood sugar)              Diabetes; syndrome X</p> <p style="text-align: center;">-----          GO TO THE REVERSE PAGE AND USE THE SAME CODE IN THE LEFT MARGIN          -----</p> <p style="text-align: center;"><b>CREDITS</b></p> <p>From <i>"The IV C Mercury Tox Program, A Guide for the Patient,"</i> a companion handbook to <i>"Chronic Mercury Toxicity, New Hope Against an Endemic Disease,"</i> by H.L. and Betty Queen.</p> <p><i>Both books available through National DAMS, 6025 Osuna Blvd NE Suite B, Albuquerque NM 87109.</i></p> <p><i>DAMS is a non-profit organization, staffed by volunteers, dedicated to alerting the public to the health hazards associated with chronic exposure to mercury from "silver" dental fillings.</i></p> <p><i>Call 1-800-311-6265. Donation of \$10.00 requested with membership or information packages.</i></p>
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